

# Norwich Summer Camp Health Form

Camp Name/Date(s): \_\_\_\_\_

The health form is kept confidential and used by our health services staff (or emergency medical personnel). Every camper needs a completed health form to participate in any summer camp programs. Please fill out this form as completely as possible. Thank you!

## SECTION I – BASIC CONTACT INFORMATION Camper

Name \_\_\_\_\_

Birth date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Age \_\_\_\_\_ Gender Male

Home Address \_\_\_\_\_

STREET CITY STATE ZIP

Home Phone \_\_\_\_\_

### Parent/Guardian #1

Name \_\_\_\_\_

Relationship: \_\_\_\_\_ Day Phone \_\_\_\_\_ Night

Phone \_\_\_\_\_ Day Phone is Home Work Cell Night Phone is Home Work

### Cell Parent/Guardian #2

Name \_\_\_\_\_

Relationship: \_\_\_\_\_ Day Phone \_\_\_\_\_ Night

Phone \_\_\_\_\_ Day Phone is Home Work Cell Night Phone is Home Work

Cell Additional Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ (In

case we can't reach YOU) Day Phone \_\_\_\_\_ Night

Phone \_\_\_\_\_ Day Phone is Home Work Cell Night Phone is Home Work

Cell

Family Physician Name \_\_\_\_\_ Phone \_\_\_\_\_

Dentist/Orthodontist Name \_\_\_\_\_ Phone \_\_\_\_\_

## SECTION II – INSURANCE INFORMATION Is the camper covered by family medical/hospital insurance? Yes No If yes, indicate Insurance Carrier \_\_\_\_\_ Group

# \_\_\_\_\_ Policy # \_\_\_\_\_ Policy Holder's

Name \_\_\_\_\_ Relationship to participant \_\_\_\_\_

MEDICATIONS Will camper be taking medications while at camp? Yes No

*(Medications include prescription, over-the-counter, vitamins, inhalers, etc.)*

If camper will be taking medications while at camp, we need to secure your consent for medication distribution and for the use of medical devices. The medication can be self-administered (if over 18) or administered by qualified staff. Please list all (prescription and non-prescription). Include the medication name, prescribing physician, physicians' phone number, and the dosage instructions. Use an additional sheet if needed. When you check-in at camp, please provide all medications (in their original packaging that identifies the prescribing physician (if prescription drug), the name of the medication, the dosage, and frequency of administration.

\_\_\_\_\_ I want the medication or medical devices self-administered. (Age 18 and above only.) \_\_\_\_\_ I want the medication or medical device administered by the Health Services Staff. However, a limited amount of medication for life threatening conditions should be carried by my son/daughter/ward. (i.e. bee sting kits, inhalers)

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Take at what  
times \_\_\_\_\_ Reason for  
Taking \_\_\_\_\_  
Prescribing Physician \_\_\_\_\_  
Phone \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Take at what  
times \_\_\_\_\_ Reason for  
Taking \_\_\_\_\_  
Prescribing Physician \_\_\_\_\_  
Phone \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Take at what  
times \_\_\_\_\_ Reason for  
Taking \_\_\_\_\_  
Prescribing Physician \_\_\_\_\_  
Phone \_\_\_\_\_

**ALLERGIES** Camper does not have any Allergies \_\_\_\_\_

Camper is allergic to: \_\_\_Hay Fever \_\_\_Poison Ivy/Oak \_\_\_Insect Stings \_\_\_ Food \_\_\_Penicillin  
\_\_\_Other Drugs \_\_\_Other (List allergy. Describe reaction and treatment)

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**IMMUNIZATIONS** Please record the month and year of immunizations. If you do not know the dates or whether camper has had certain immunizations, simply leave blank.

DPT (Diphtheria, Pertussis, Tetanus) \_\_\_\_\_ HIB (Haemophilus Influenza B) \_\_\_\_\_

Tetanus Booster \_\_\_\_\_ Tuberculin \_\_\_\_\_ Polio \_\_\_\_\_ Varicella (Chicken Pox). \_\_\_\_\_ MMR (Measles, Mumps, Rubella \_\_\_\_\_ Hepatitis B \_\_\_\_\_

**HEALTH HISTORY** Please know that we value your privacy. Health History information is available only to the camp health staff. The more information you provide, the better we can do our job. Thanks!

**Has the camper have a history of or is prone to any of the following (Please circle all that apply).**

1. Recent injury, illness or infectious disease
2. Chronic or recurring illness
3. Asthma
4. Homesickness
5. Frequent Ear Infections
6. Seizure Disorder or Convulsions
7. Dizziness during or after exercise
8. Chest pain during or after exercise
9. Heart Defect/Disease
10. Hypertension
11. Bleeding/Clotting Disorders
12. Diabetes
13. Mononucleosis (in last 12 months)
14. Chicken Pox
15. Measles
16. German Measles
17. Mumps
18. Tuberculosis
19. Hepatitis
20. Joint problems (knees, ankles)
21. Fractures
22. Frequent Headaches
23. Head Injury
24. Eating Disorder
25. Diarrhea or constipation
26. Frequent Stomachaches
27. Wears glasses or contacts
28. Been Hospitalized
29. Wears Medic Alert ID

Please list the number and provide explanation for any checked items

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Date of Last Physical Exam (Recommended within 24 months of camp) \_\_\_\_\_

Physical Activities to be limited or restricted while at camp:

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**AUTHORIZATION** My child has permission to engage in all prescribed camp activities except as noted. The information provided on this form is accurate to the best of my knowledge. I have indicated any special health conditions, including required medication and activity limitations which should be known to the camp staff and medical personnel. I am aware of and accept the risk inherent in the program activity. I give consent in advance for medical treatment at an appropriate facility in case of illness or injury.

Signature of Parent or Guardian X \_\_\_\_\_ Date \_\_\_\_\_